

GUIDELINES ON PRAYERS FOR THE NEXT THREE WEEKS

1. Personally, set aside two to three 15-minute slots a day to pray (Daniel prayed three times a day for Jerusalem);
2. With your companion(s), set aside three 15-minute slots a week (seek companions);
3. In all your gatherings - vital groups, small groups, sisters' fellowship etc., set aside 15 to 30 minutes to pray;
4. Attend the corporate prayer meeting.
5. Some suggestions:
 - It may help if you start by prayreading a verse or sing a stanza of a hymn.
 - Use your three God-given organs: (a) your spirit to contact Him, (b) your mind to understand His will and (c) your mouth to make the prayer audible.

Make a vow before the Lord and set aside specific time slots. For example: 7:30-7:45 am and 5:00-5:15 pm. This exercise is a commitment, a pledge before the Lord.

Use the suggested prayer lists as a guide but your burden should not be limited by the list. While we do not minimize any personal needs, this specific time, or this season of prayer, should be focused on prayers for His move and advance. Maybe 1-2 items can be selected to pray each time.

May we all learn to pray. Let us all learn to build up and to advance in our prayer life by coming to the throne of God.

(You may visit beseeking.org for video, the coworkers' letter, and the suggested directions for prayer.)